Letter to Parishioners from the Parish Pastoral Council

On behalf of the Parish Pastoral Council and the priests of Kilmacud, I am writing to you to offer support during the Covid-19 Coronavirus pandemic.

We are blessed with a parish community who take care of each other. A spirit of generosity, caring and love is once again coming to the fore in our Parish. We know many are looking out for their neighbours and Kilmacud Crokes has established a team of volunteers who are available to offer support with shopping, dog walking, collecting medicines, etc during the Covid-19 crisis. They can be contacted by phoning Kiera on 087 955 0566 or by email <u>crokescommunity@gmail.com</u>. Alone has also established a helpline for any older person in need of advice or practical support. The helpline number is: 0818 222 024.

The best way to stop the virus from spreading in our community is to limit our social interactions as much as possible and to maintain social distancing. Many people are abiding by this, including by not attending daily Mass. We know this is a sacrifice for many who find strength in our community celebration of the Eucharist, but by making an Act of Spiritual communion we can express our faith in Christ's Real Presence in the Eucharist and ask Him to unite Himself to us.

Here is the Act of Spiritual communion written by St. Alphonsus de Luguori.

My Jesus, I believe that You are present in the Most Holy Sacrament.

I love You above all things,

I desire to receive You into my soul.

Since I cannot at this moment receive You sacramentally,

Come at least into my heart.

I embrace You as if You were already there, and unite myself wholly to You.

Never permit me to be separated from you. Amen.

I would also remind you that during this time of disruption, Mass is broadcast daily at 10.00am on our parish webcam <u>www.kilmacudparish.ie</u> The RTE News Now TV Channel is also broadcasting daily Mass at 10.30am. Many people are worried about what the future might hold. The Prayer of Trust may bring you comfort.

Beloved Lord, breathe calm in my mind, peace in my heart and silence in my soul. In the silence let me hear your voice. In the peace, let me see your face. In the calm, let me know your love. We pray for those who are suffering and for those who are caring for them. Lord, we ask for your protection, Amen.

We look forward to better days ahead and in the meantime, please stay healthy and stay well.

May our patron saint, St Laurence O'Toole watch over us all

Aideen McCallum

Chairperson,

Parish Pastoral Council